



# INSPIRED

## play cafe

### morning plates

CHEDDAR EGG BITES... 7

+ egg and cheddar ✂

AVOCADO TOAST... 7

+ sprouted multigrain bread, avocado spread, crispy bacon, marinated roasted tomatoes

SMOKED SALMON TOAST... 9

+ sprouted multigrain bread, caper cream cheese spread, smoked salmon, pickled red onions

*add grilled chicken \$4 | add smoked salmon \$6*

### large plates

MIXED GREEN SALAD... 7

+ artisan mixed greens, candied walnuts, goat cheese, dried cranberries, crispy bacon, citrus vinaigrette ✂

SMOKED CHICKEN SALAD CROISSANT... 7

+ mixed greens, smoked chicken salad, croissant

QUINOA AND RICE BOWL... 8

+ brown rice, quinoa, sweet potatoes, brussel sprouts, yellow & red beets, citrus vinaigrette V

*add grilled chicken \$4 or smoked salmon \$6*

### for the little's... 6

*comes with a side of fruit or veggie*

HAM & CHEESE + all-natural ham and cheese on wheat bread

MAC N' CHEESE + white cheddar mac n' cheese

VEGETARIAN BREADED "CHICKEN" BITES

*add grilled chicken \$3.50 or smoked salmon \$6*

### smoothies 16 oz ... 6

BERRY SPIRIT + raspberries, blueberries, vanilla ice cream, greek yogurt, agave ✂

TROPICAL HEAVEN + mango, pineapple, vanilla ice cream, greek yogurt, agave, orange juice ✂

*make any smoothie into a power bowl \$2  
+ shredded coconut, granola, toasted almonds, honey*

*add protein to any smoothie \$2*

### sides

3 + diced colorful blend veggies ✂ V  
(sweet potatoes, broccoli stems, candy cane beets, golden beets)

4 + veggies & hummus dip ✂  
with feta cheese crumbles

4 + veggies & avocado spread ✂ V

3 + apples & sunflower butter ✂ V

4 + cottage cheese & fruit cup ✂

3 + mixed fruit cup ✂ V

3 + gogo squeeze ✂ V

2 + fig bar

2 + granola bar

2 + cheese stick ✂

2 + goldfish

2 + kettle corn chips V

2 + popcorn chips V

3 + oatmeal cups

3 + just fruit rolls

3 + organic yogurt on the go

### drinks

3 + organic kombucha  
(ginger or raspberry)

4 + celsius live fit

4 + red bull or sugar-free

3 + ozarka water

4 + bai water

4 + sparkling water

3 + chocolate or white milk

2 + honest juice box

2 + sprite

2 + coke

### coffee & tea

3 + iced

3 + hot

.50 + added flavor



### sweets ... 3

+ birthday cake pops

+ iced pumpkin swirl loaf cake

+ raspberry donut cheesecake

+ iced lemon loaf cake

✂ = gluten free V = vegan

*\*Consuming raw or undercooked products can lead to food-borne illness.*